8.25	3	57	1	26	1	57	3
Guard period		Payload	Stealing bit	Midamble	Stealing bit	Payload	Tail bits
Guard period 8.25-symbols at the start of the burst							
Midamble							
26-bits for equalizer training at the center of the burst							
"Stealing bits"							
each side of the midamble, used to distinguish control and traffic payloads							
Payload							
two 57-bit fields, symmetric about the burst							
Tail bits							
3-bit field, at each end of the burst							